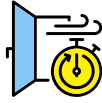


# HEMOCARE FOR POSITIVE OR SUSPECTED COVID-19 INFECTION

This guideline is for patients presenting with **mild\*** symptoms



Place the patient in a well-ventilated single room (i.e. open windows and doors)



Limit movement of the patient in the house and minimize shared space; ensure shared spaces are well-ventilated (e.g. kitchen, bathroom)



Household members should stay in a different room or maintain a distance of at least 2 metres from the ill person



Limit the number of caregivers; visitors should not be allowed



Perform hand hygiene after every type of contact with the patient or their immediate environment



When washing hands, it is preferable to use disposable paper towel



Patient should wear a medical mask that covers the mouth and nose



Caregivers should also wear a mask when in the same room as the patient



Avoid direct contact with body fluids; use disposable gloves



Do not reuse disposable masks or gloves should be disposed of as infectious waste. Re-usable masks should be washed in hot water and ironed every day.



Clean and disinfect bathroom and toilet surfaces at least daily



Use dedicated linen and eating utensils for the patient



Clean the patient's clothes, bed linen and towels using regular laundry soap and water or machine wash at 60 - 90°C



Daily clean and disinfect surfaces that are frequently touched in the room where the patient is cared for; first with household detergent, then with disinfectant (e.g. 1 part bleach to 9 parts water)



The patient should get sleep and rest and drink enough water to make sure the urine (wee) stays light yellow and clear.



There is no specific treatment. The patient can take paracetamol pain killers for fever and pain.

\*Mild symptoms include low-grade fever, cough, tiredness, sore throat and body aches. Serious symptoms include high fever, shortness of breath or difficulty in breathing. Contact a healthcare facility or doctor if the patient has serious symptoms.